

Immunodeficiencies

Christine Schütt

Ten warning signs of immunodeficiency

Two or more of the warning signs listed here suggest that an immune evaluation may be warranted

1. Eight or more ear infections in 1 yr
 2. Two or more sinus infections in 1 yr
 3. Oral antibiotics produce little help; need for i.v. antibiotics to clear infections
 4. Two or more episodes of pneumonia in 1 yr
 5. Failure to thrive, with or without diarrhea
 6. Recurring deep skin or organ abscess
 7. Oral or cutaneous candidiasis after age 1
 8. One or more episodes of meningitis, osteomyelitis, cellulitis, or sepsis
 9. History of autoimmune disease, lymphadenopathy, or splenomegaly
 10. Family history of immunodeficiency
-

Algorithm for evaluation of frequent infections

INITIAL EVALUATION

History, Physical examination
Height and Weight
Family history
Complete blood count, Platelet count
Culture and X Ray results

If two or more from Table “Ten warning signs“
and HIV negative

IMMUNOGLOBULINS / ANTIBODIES
COMPLEMENT
Quantitative Immunoglobulins
Antibody to Tetanus, Diphtheria,
Pneumococci
Isohemagglutinins
CH50

If above normal and / or failure to thrive,
fungal and / or viral infections

T LYMPHOCYTE FUNCTIONS:
Skin testing, Tetanus, Mumps,
Candida etc.
T cell counts
T cell subsets, CD4/CD8
Lymphocyte stimulation to
mitogens or antigens

If above normal and / or if recurrent deep
abscesses

PHAGOCYtic EVALUATION:
Absolute Neutrophil counts
IgE level
NBT reduction, Dihydrorhodamine
oxidation
Chemiluminescence

Inborn immune deficiencies can affect all functions of the immune system

- B cell maturation or function
- T cell maturation or function
- T and B cells simultaneously
- cooperation of T and B cells
- Ag presentation
- phagocytosis
- complement
- trafficking / adhesion

www.esid.org

92 diseases
4000 patients
1 to 1000 patients/disease

Congenital defects of phagocytic number and/or function part I

Disease	Affected cells	Functional defects	Inheritance	Features
Severe congenital neutropenia	N	-	AR	Subgroup with G-CSF-R mutation and MDS / AML
Cyclic neutropenia	Mainly N	-	AR	Oscillations of reticulocytes, platelets and other leukocytes
Leukocyte adhesion defect 1 [deficiency of beta chain (CD18) of LFA-1, Mac 1, p150,95]	N+M+L+NK	Chemotaxis, adherence, endocytosis	AR	Delayed cord separation, chronic skin ulcers, periodontitis, leukocytosis, defective T+ NK cell cytotoxicity
Leukocyte adhesion defect 2 (failure to convert GDP mannose to fucose)	Mainly N+M	Chemotaxis, rolling	AR	Delayed wound healing, chronic skin ulcers, periodontitis, mental retardation, leukocytosis Bombay blood group
Chediak-Higashi syndrome	Mainly N+M+NK	Chemotaxis	AR	Oculo-cutaneous albinism, giant granules of all nucleated cells, terminal, haemophagocytic syndrome
Specific granule deficiency	N	Chemotaxis	AR	N with bi-lobed nuclei

Congenital defects of phagocytic number and/or function part II

Disease	Affected cells	Functional defects	Inheritance	Features
Schwachmann syndrome	N	Chemotaxis	AR	Anaemia, thrombocytopenia, pancreatic insufficiency, conrodysplasia, hypogammaglobulinaemia
Chronic granulomatous disease (a) X-linked CGD (deficiency of 91kD chain of cytochrome b)	N+M	Killing (faulty production of superoxide metabolites)	XL	McLeod phenotype*
(b) Autosomal recessive (deficiencies of 22kD chain of cytochrome b or P47 or P67 cytosol factors)	N+M	Killing-as above	AR	-
Neutrophil G6PD deficiency	N+M	Killing	XL	Anaemia
Myeloperoxidase deficiency	N	Killing	AR	-
IFN γ receptor deficiency	N+M+L+NK	Killing	AR	Extreme susceptibility to mycobacteria

* Some patients have deletions in the short arm of the X chromosome; in these patients additional features including McLeod retinitis pigmentosa and Duchenne muscular dystrophy may be found.

PRAXIS



Ein 2-jähriger Junge kommt mit schwerer Pneumonie nachts in Ihre Aufnahme. Ihnen fällt auf, dass er keine Tonsillen hat. Anamnestisch imponieren wiederholte Erysipele (Streptokokkeninfektionen der Haut) und Otitiden. Das Kind ist regulär entwickelt. Die Eltern sind ob der häufigen Infektionen nicht beunruhigt, berichten aber, dass zwei Onkel mütterlicherseits in jungen Jahren (offenbar an Infektionen) verstarben. Der Junge hat vier gesunde Schwestern. Die Familie ernährt sich streng vegetarisch.

Was fällt Ihnen im Gegensatz zu den anderen Kollegen sofort ein?

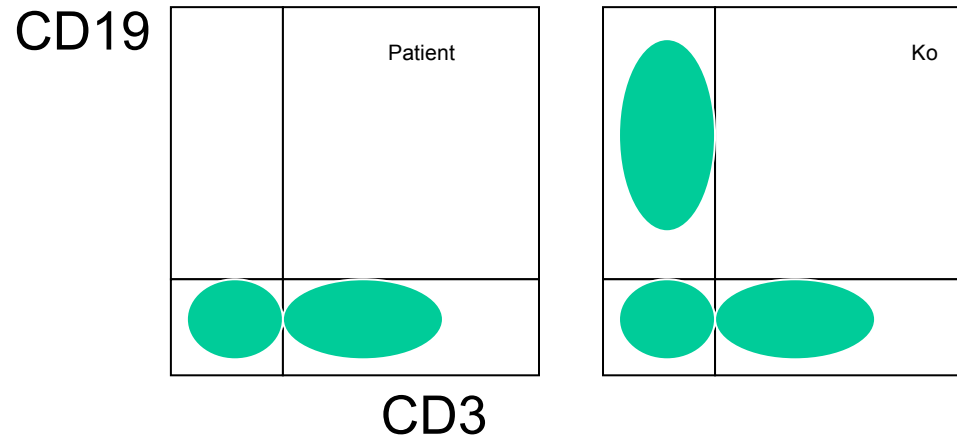
Was veranlassen Sie sofort?

Was veranlassen Sie am nächsten Tag?

Was bei der Entlassung?



Immunstatus: Immunglobuline fehlen
Komplementfaktoren normal



XLA

T Zellzahlen normal,
komplettes Fehlen der B Zellen.
normaler LTT

X-linked agammaglobulinemia

Predominantly antibody deficiencies part I

Associated designation	Serum Ig	Circulating B cells	Presumed pathogenesis	Inheritance	Associated features
1. X-linked agammaglobulinaemia	All isotypes decreased	Profoundly decreased	Mutations in <i>btk</i> gene	XL	-
2. X-linked hyper IgM syndrome	IgM and IgD increased or normal other isotopes decreased	IgM and IgD bearing cells present others absent	Unknown	XL	Neutropenia Thrombocytopenia Haemolytic anaemia gastrointestinal and liver involvement
3. Ig heavy-chain gene deletions	IgG1 or IgG2, IgG4 absent and in some cases IgE and IgA2 absent	Normal or decreased	Chromosomal deletion at 14q32	AR	-
4. κ Chain deficiency mutations at AR	Ig(K) decreased: antibody response normal or decreased	Normal or decreased κ -bearing cells	Point mutations at chromosome 2p11 in some patients	AR	-
5. Selective deficiency of IgG subclasses with or without IgA deficiency	Decrease in one or more IgG isotypes	Normal or immature	defects of isotype differentiation	Unknown	-

Predominantly antibody deficiencies part II

Associated designation	Serum Ig	Circulating B cells	Presumed pathogenesis	Inheritance	Associated features
6. Antibody deficiency with normal Igs	Normal	Normal	Unknown	Unknown	-
7. Common variable immunodeficiency	Various decreases of multiple isotypes	Normal or decreased	Variable; undetermined	Variable	
8. IgA deficiency	IgA1 and IgA2 decreased	Normal or decreased sIgA+	Failure of terminal differentiation in IgA+B cells	Variable	Autoimmune and allergic disorders
9. Transient hypogammaglobulinaemia of infancy	IgG and IgA decreased	Normal	Differentiation defect: delayed maturation of helper function	Unknown	Frequent in families with other IDs
10. Autosomal recessive agammaglobulinaemia	All isotopes decreased	Profoundly decreased	Intrinsic defect pre-B to B-cell differentiation	AR	-



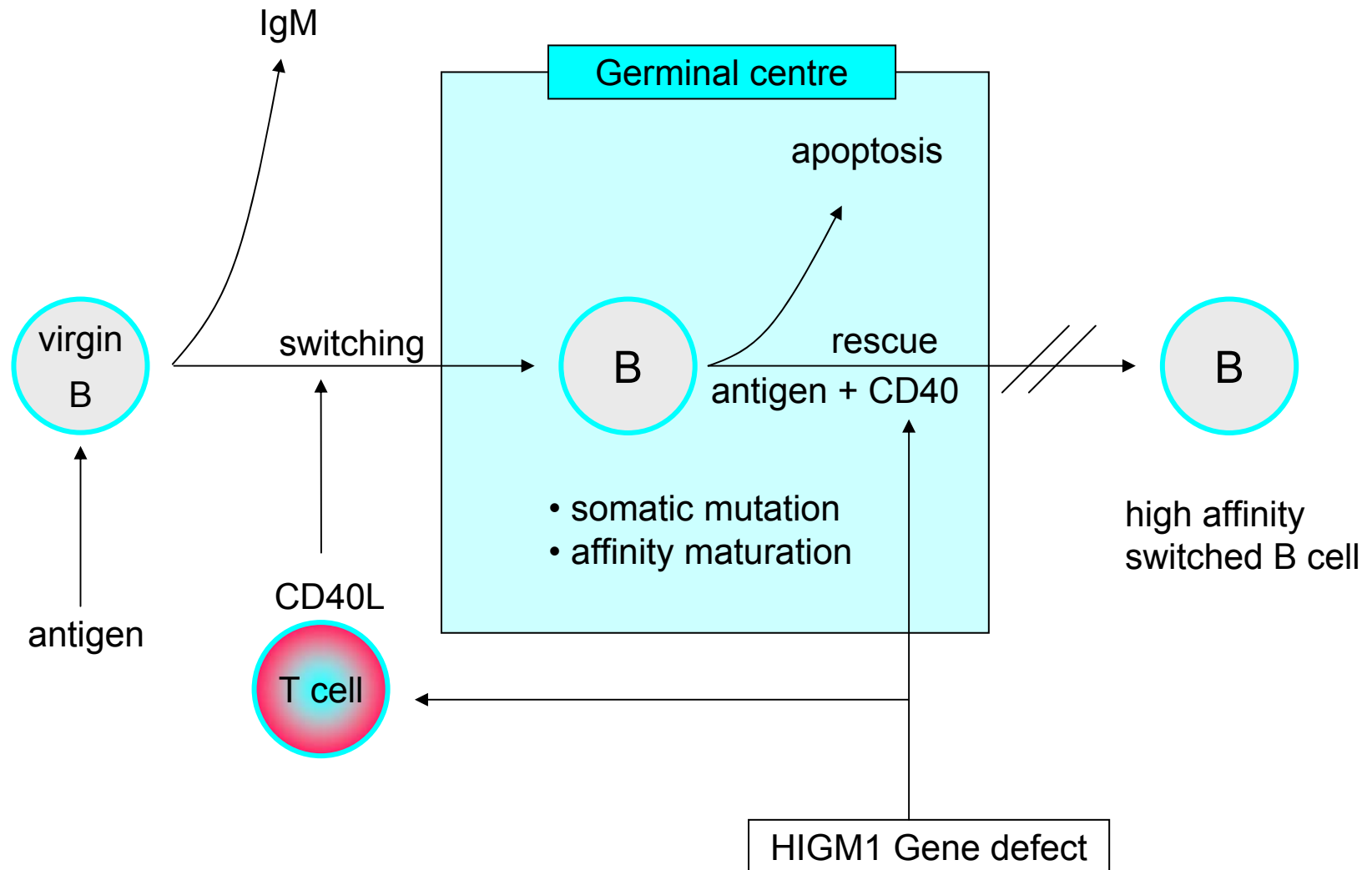
Ein 5-jähriger Junge fiel bei der Vorschuluntersuchung durch starken Soorbefall und Bläschen auf der Mundschleimhaut auf. Sie bekommen das Kind überwiesen. Er ist weinerlich und ängstlich. Seit dem 1. Lebensjahr hatte er ständig wiederkehrende Sinusitiden, mit 3 Jahren eine Pneumocystis carinii - Pneumonie. Die Familienanamnese bietet keinen Hinweis auf Infektneigungen. Die Eltern erscheinen gestresst durch das permanent kränkelnde Kind.

Laborbefunde:

β -hämolysierende Streptokokken im Rachenabstrich,
keine spezifischen Antikörpertiter gegen Streptokokken,
normale B-, T-, NK-Zell- und Monozytenzahlen,
Neutropenie,
Blutgruppe 0, antiA 1:3200, antiB 1:800 (stark erhöht),
IgA und IgG nicht nachweisbar, stark erhöhtes IgM

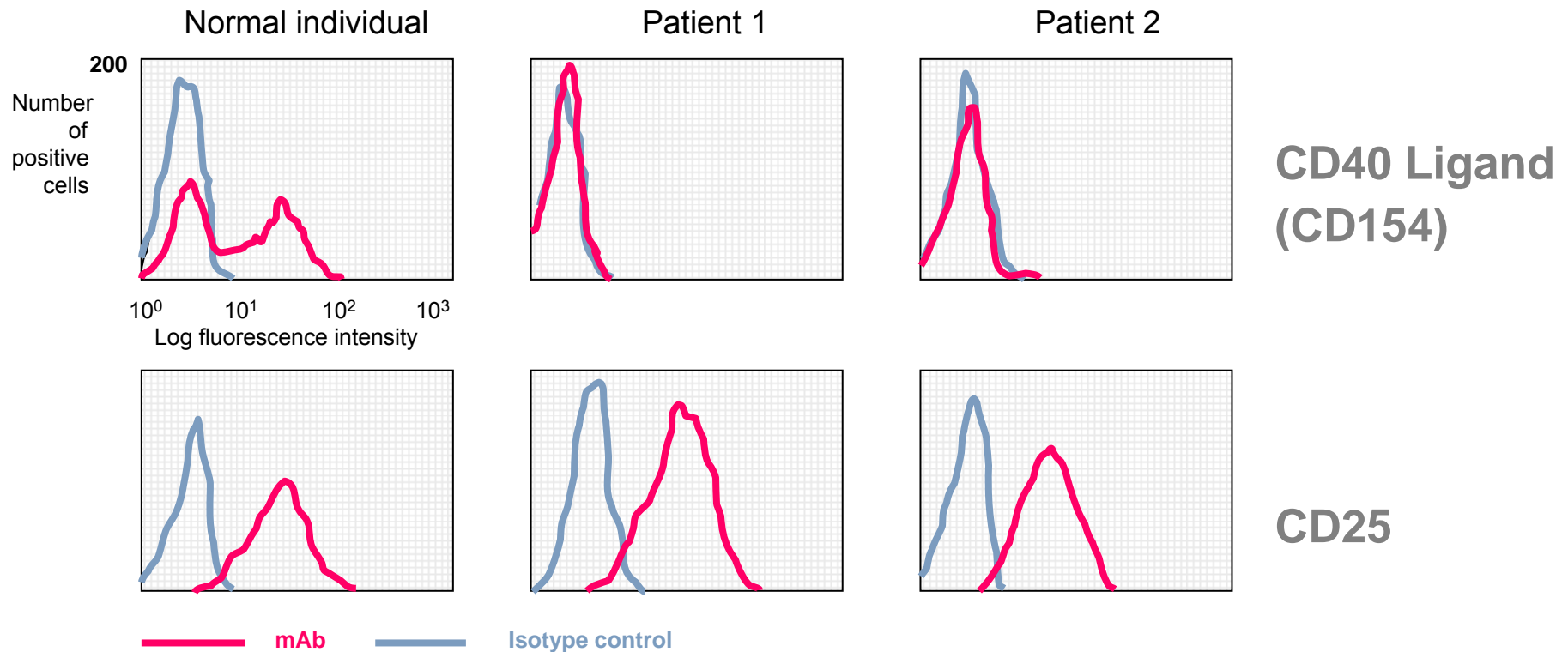
Welche Verdachtsdiagnose wollen Sie abklären lassen?

CD40 ligand function



Defective CD40L expression in HIGM1 would interfere with cytokine-induced heavy-chain switching and rescue of high-affinity switched cells in the germinal centre. The defect in non-X-linked forms of HIGM has not been identified.

X-linked hyper-IgM syndrome



T cells from a healthy individual and from two patients with X-linked hyper-IgM syndrome were stimulated in vitro and analysed for the expression of CD40-Ligand and of CD25 (as a control). The T cells from the hyper-IgM patients do not express CD40-Ligand

CD 154 expression

whole blood cell cultures

5h stimulation with PMA / Ionomycin

	CD154 ⁺ CD4 ⁺	
	% positive cells	fluorescence intensity
patient K., M.	0	0
healthy volunteer A	71	284
healthy volunteer B	60	192

CD40L Defect

no class switching



IgM , but no IgG, IgA

no costimulatory function
in T cell activation



no lymphocytosis during
infection

no restimulation of APC



altered cytokine release
no GM-CSF production
by macrophages



neutropenia

no regular TH1 response to
bacteria or fungi:

therapy :

Ig substitution
G-CSF, GM-CSF



sore



bacterial infection

Combined immunodeficiencies part I

Designation	Serum Ig	Circulating B cells	Circulating T cells	Presumed pathogenesis	Inheritance	Associated features
1. T-B+ SCID						
(a) X-linked (γ c deficiency)	Decreased	Normal or increased	Markedly decreased	Mutations in γ chain of IL2,4,7,9,15 receptors	XL	
(b) Autosomal recessive (Jak3 deficiency)	Decreased	Normal or increased	Markedly decreased	Mutation in Jak3	AR	
2. T-B- SCID						
(a) RAG 1/2 deficiency	Decreased	Markedly increased	Markedly decreased	Mutations in RAG 1/2 genes	AR	
(b) Adenosine deaminase (ADA) deficiency	Decreased	Progressive decrease	Progressive decrease	T-cell and B-cell defects from toxic metabolites (e.g. dATP,S-adenosyl homocysteine) due to enzyme deficiency	AR	
(c) Reticular dysgenesis	Decreased	Markedly decreased	Markedly decreased	Defective maturation of T and B cells and myeloid cells (stem cell defect)	AR	Granulocytopenia Thrombocytopenia
3. X-linked hyper IgM syndrome						
	IgM & IgD increased or normal;other isotypes decreased	IgM & IgD bearing cells present other absent	Normal	Mutations in CD40 ligand gene	XL	Neutropenia Thrombocytopenia Haemolytic anaemia gastrointestinal & liver involvement

Combined immunodeficiencies part II

Designation	Serum Ig	Circulating B cells	Circulating T cells	Presumed pathogenesis	Inheritance	Associated features
4. Purine nucleoside phosphorylase (PNP) deficiency	Normal or decreased	Normal	Progressive decrease	T-cell defect from toxic metabolites (e.g. dGTP) due to enzyme deficiency	AR	Autoimmune haemolytic anaemia: neurological symptoms
5. MHC class II deficiency	Normal or decreased	Normal	Normal, decrease CD4 numbers	Mutation in transcription factors (CIITA or RFX-5 genes) for MHC class II molecules	AR	
6. CD3 γ or CD3 ϵ deficiency	Normal	Normal	Normal	Defective transcription of CD3 γ or CD3 ϵ chain	AR	
7. ZAP-70 deficiency	Normal	Normal	Decreased CD8, normal CD4	Mutations in ZAP-70 kinase gene	AR	
8. TAP-2 deficiency	Normal	Normal	Decreased CD8, normal CD4	Mutations in TAP-2 gene	AR	MHC class I deficiency

Other well-defined immunodeficiency syndromes

Designation	Serum Ig and antibodies	Circulating B cells	Circulating T cells	Genetic effect	Inheritance	Associated features
1. Wiskott-Aldrich syndrome	Decreased IgM: antibody to polysaccharides particularly decreased; often increased IgA and IgE	Normal	Progressive decrease	Mutations in WASp gene; cytoskeletal defect affecting haematopoietic stem cell derivatives	XL	Thrombocytopenia; small defective platelets; eczema; lymphomas; autoimmune disease
2. Ataxia-telangiectasia	Often decreased IgA, IgE and IgG subclasses; increased IgM monomers; antibodies variably decreased	Normal	Decreased	Mutations in A-T gene (ATM); disorder of cell cycle check-point pathway leading to chromosomal instability	XL	Ataxia; telangiectasia; increased alpha fetoprotein; lymphoreticular and other malignancies; increased X-ray sensitivity
3. DiGeorge anomaly	Normal or decreased	Normal	Decreased or normal	Contiguous gene defect in 90 % affecting thymic development	De novo defect or AD	Hypoparathyroidism: conotruncal malformation; abnormal facies; partial monosomy of 22q11-pter or 10p in some patients

Incidence of the primary immunodeficiency diseases

Immune defect	Estimated frequency
Selective IgA deficiency	1:400 to 1:1,000
C2 deficiency	1:10,000 to 1:28,000
DiGeorge anomaly	1:66,000
Common variable immunodeficiency	1:83,000
Mucocutaneous candidiasis	1:103,000
Chronic granulomatous disease	1:181,000
X-linked agammaglobulinemia	1:103,000

Das Wichtige ist, dass Sie daran denken,
einen Immunologen zu konsultieren

PRAXIS



Ein männlicher retardierter Säugling wird aus einem peripheren Krankenhaus mit Verdacht auf einen Immundefekt überwiesen. Er ist 8 Monate alt und muss permanent wegen akuten Infekten stationär aufgenommen und antibiotisch behandelt werden.

Welche immunologische Stufendiagnostik ist jetzt durchzuführen?



Befund

Nr: 4727

FACS - Analyse

	Gpt/l	%
Leukozyten:	2,10	
Lyphozyten:	0,85	40,33
Monozyten:	0,37	17,52
Granulozyten:	0,89	42,15
T-Zellen:	0,51	24,19
T4 (helper)	0,0045!!	0,21!!
T8 (z.tox/supp.)	0,48	22,91
B-Zellen:	0,18	8,57
NK-Zellen:	0,19	9,24

T4/T8 = 0,01 !!!

3.

Phagozytostest

	pos. Granu.	Flour.-intens.
0°C	1,90 %	16
37°C	98,90 %	872

1.

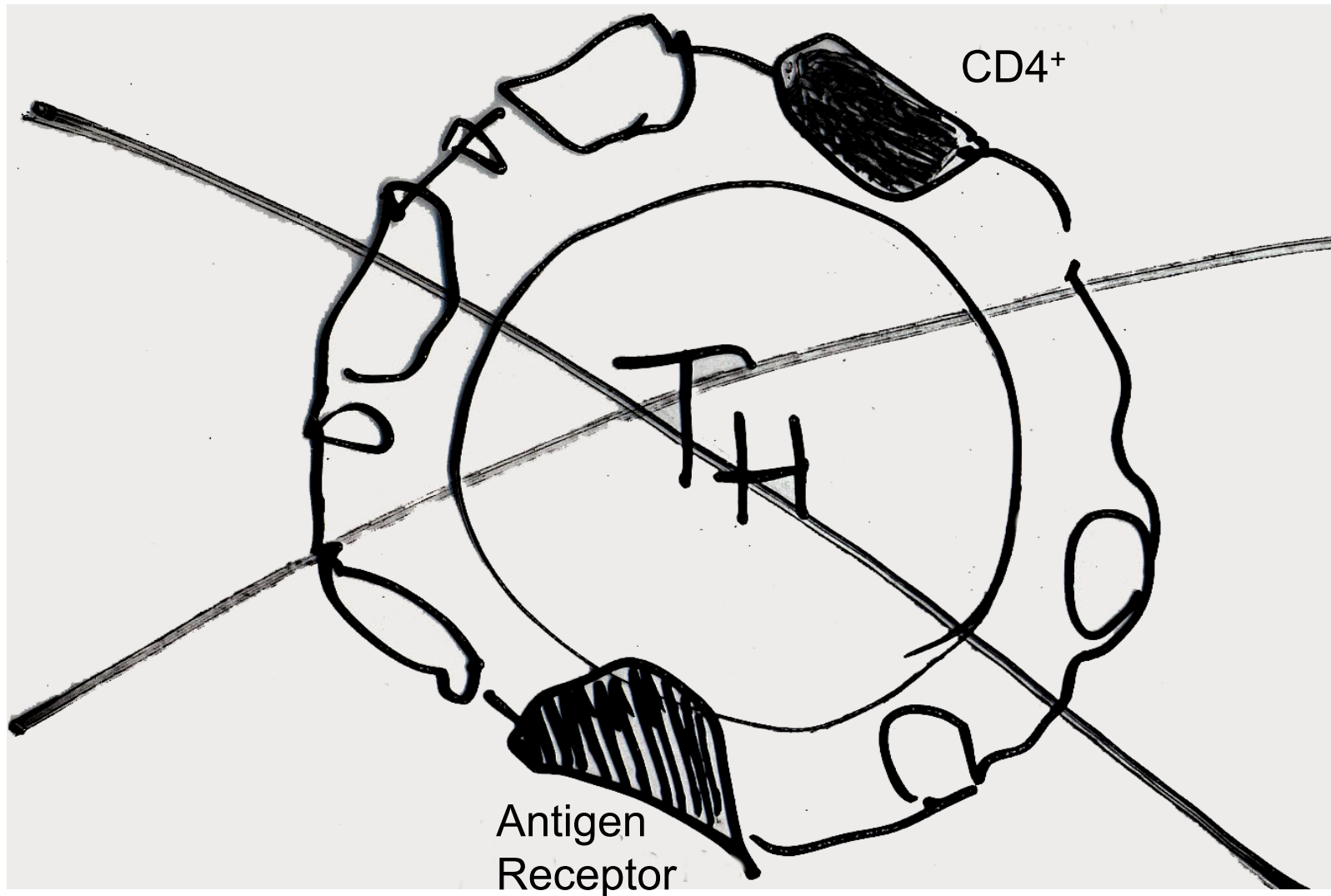
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Antikörper gegen		Lymphozyten-Gate (%)
CD14	Monozyten , (Gr.z.)	0,47
CD19	B-Zellen	21,11
CD19+CD5+		13,46
CD5	T-Ly , B-Subset	54,53
CD4	T-Helfer , (Monozyten)	0,83
CD4+CD8+	unreife T-Zellen	0,00
CD8	zy.tox./Supp.T-Z , NK	61,07
CD16 , 56	NK-Z. , T-Sub. , gr. , Mo.	25,17
CD16 , 56+CD3+		2,25
CD3	T-Lymphozyten	59,42
CD3+HLA-DR+	akt. T-Zellen	9,38
HLA-DR	B-Ly , Mo , akt.T-Ly , NK	32,19
CD10	CALLA , B-Vorl. , Gr.z.	0,00
CD10+HLA-DR+	CALLA , B-Vorl.	0,00
HLA-DR	B-Ly , Mo , akt.T-Ly , NK	52,72
CD45RA		75,90
CD45RA+CD4+	naive T-Helferzellen	0,05!!
CD45RO		23,99
CD45RO+CD4+	Memory-T-Helferzellen	0,52
CD57	NK-Zellen , T.-Sub.	20,27
CD8+CD57+		18,61!!
CD13	gran./monoz. Reihe	1,09
CD34	Progenitorzellen	0,00
CD13+CD34+		0,02
IgM	Oberfl.-IgM	16,40
IgA	Oberfl.-IgA	0,05
IgD	Oberfl.-IgD	9,75
IgG	Oberfl.-IgG	0,68
kappa	Ig auf B , Mo , Gr , (NK)	10,89
kappa+CD19+		9,91
lambda	Ig auf B , Mo , Gr , (NK)	11,15
lambda+CD19+		9,22
CD3+CD4+	T-Helfer-Z.	0,53!!
CD3+CD8+	zytotx./Suppr.-T-Z.	56,80

4.

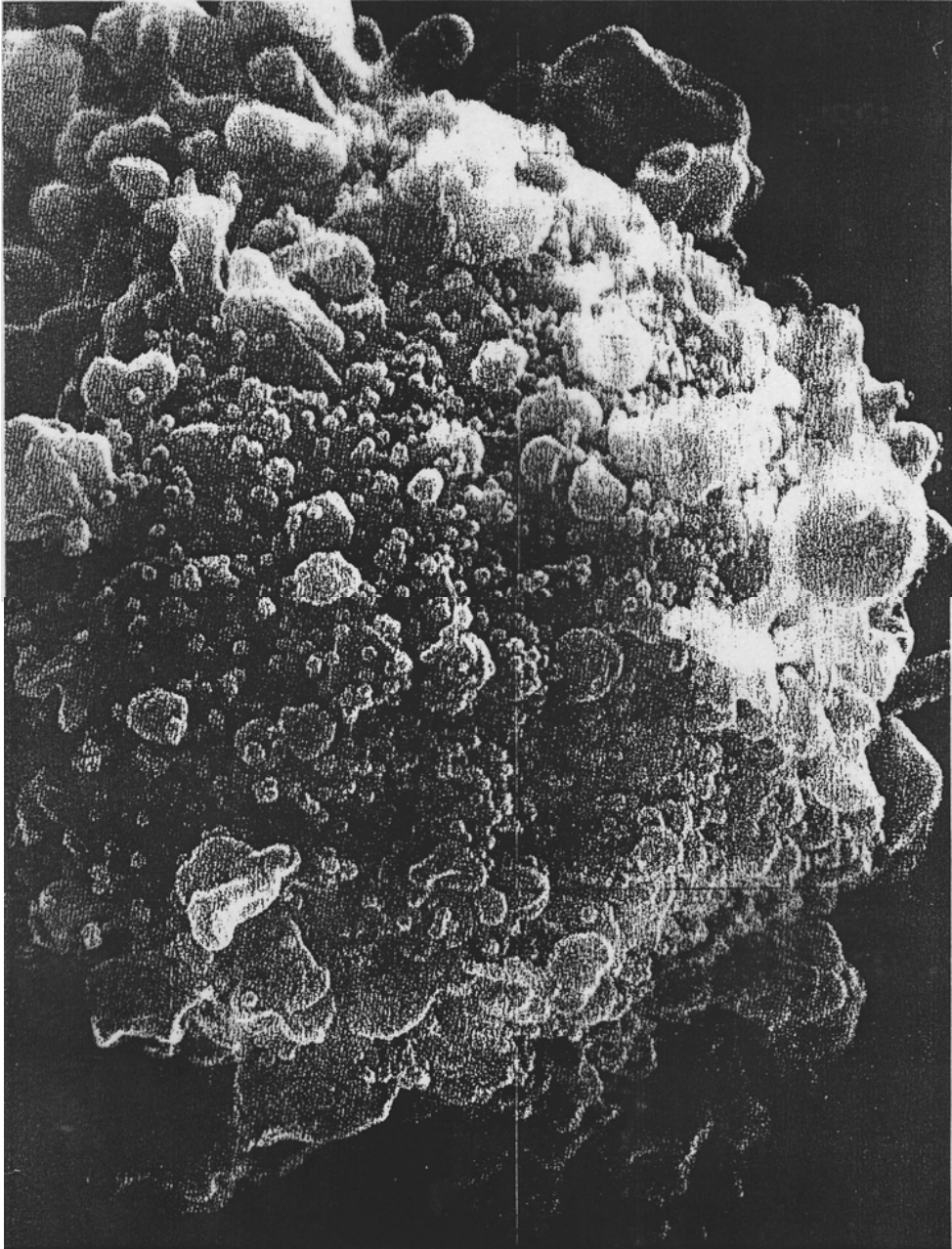
Aquired Immunodeficiency Syndrome

Elimination of T-Helper Cells



Breakdown of Immune Competence

HIV-infected T cell



Absolute T cell number

1ml whole blood	2 Mio lymphocytes
	2 Gpt/l

~ 70 % CD3+

among them 45 % CD4+ (TH)
25 % CD8+ (CTL)

~ 10 % NK

~ 10 % B

~ 10 % monocytes

1,2 Gpt/l	T
0,8 Gpt/l	TH
<0,2 Gpt/l (200/μl)	TH <u>increased infection risk !</u>

0,0045

A new theory on the origin of Aids

Edward Hooper „The River“ (Little, Brown):

virus contaminated Polio-Vaccine
produced in chimpanzees (with endogenous SIV-1):

1957 – 1960 Poliomyelitis vaccination of 1 million people
of Ruanda, Burundi and Kongo

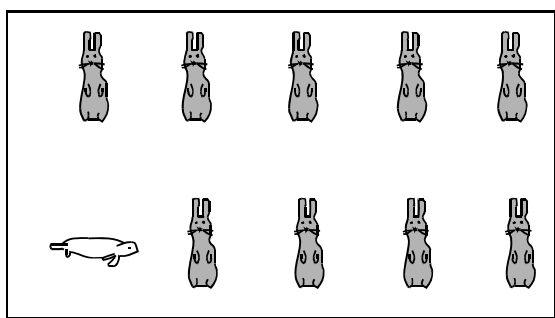
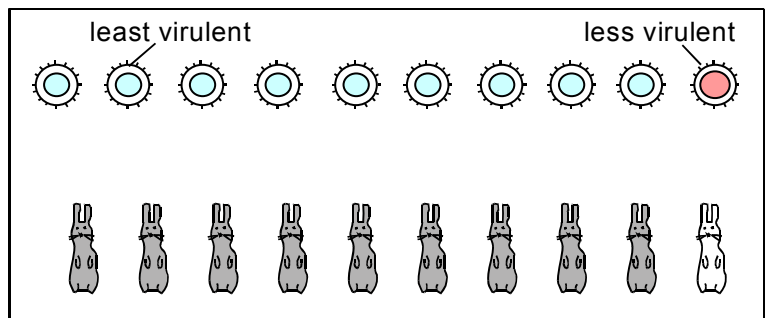
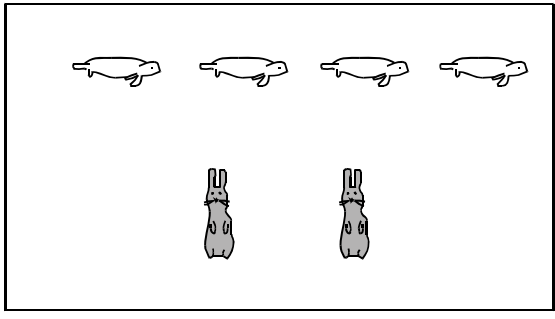
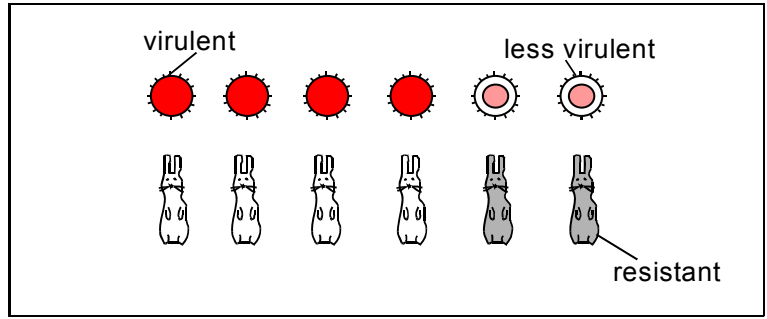
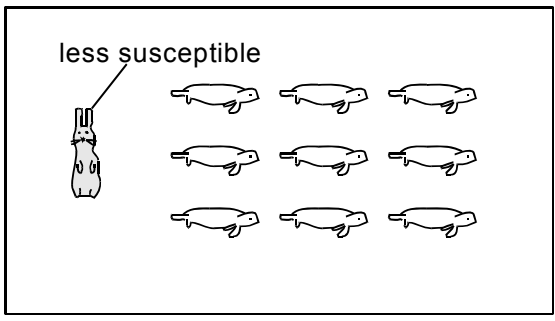
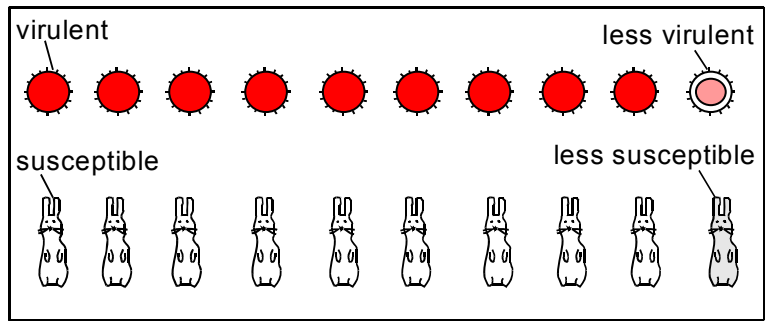
1959* first (now documented) HIV infection in Kinshasa

1960 – 80 28 new cases in Central Africa

1976	Zaire → Haiti → USA (1978/79) → Europe → etc.
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*in the time before 1959 no HIV- positive sera in Central Africa

What we learned from Myxomatosis in Australia



CASE OF THE RESISTANT RABBITS illustrates the mutual evolution of a virus and its host. Myxoma virus was introduced into Australia in an effort to get rid of wild rabbits. Virulent viruses killed most of the rabbits, but a few animals happened to be less susceptible; they survived (right) and multiplied. The virulent viruses eventually killed them, but a few truly resistant rabbits were spared. Meanwhile natural selection favored the evolution of avirulent virus strains (because a virus does best if its host survives). Eventually a resistant rabbit population was established, coexisting with a largely avirulent virus.

Grundlagen der Immunologie für Mediziner

mittwochs / HS Innere Medizin

5. Semester

Datum	Themenkatalog
05.11.08, 15.00-17.00 Uhr	Einführung. Das Immunsystem
12.11.08, 15.00-17.00 Uhr	Antikörper
19.11.08, 15.00-17.00 Uhr	Antikörperfunktionen
26.11.08, 15.00-17.00 Uhr	Zelluläre Immunität
03.12.08, 15.00-17.00 Uhr	Zytokine, Immunregulation
10.12.08, 15.00-17.00 Uhr	Labormethoden
17.12.08, 15.00-17.00 Uhr	Pathogene Immunreaktionen
07.01.09, 15.00-17.00 Uhr	Allergien
14.01.09, 15.00-17.00 Uhr	Tumor / Transplantationsimmunologie
21.01.09, 10.00-11.00 Uhr	Autoimmunität
28.01.09, 10.00-11.00 Uhr	Immundefekte
04.02.09 10.00-12.00 Uhr	Immuntherapien
11.02.08 verlegt auf 04.02.	Immuntherapien
18.02.08 10.00-12.00 Uhr	Repetition
Klausur :	20.2.09 15.30-16.15 Uhr HS Makarenkostr.

Christine Schütt Barbara Bröker

Grundwissen Immunologie

2. Auflage



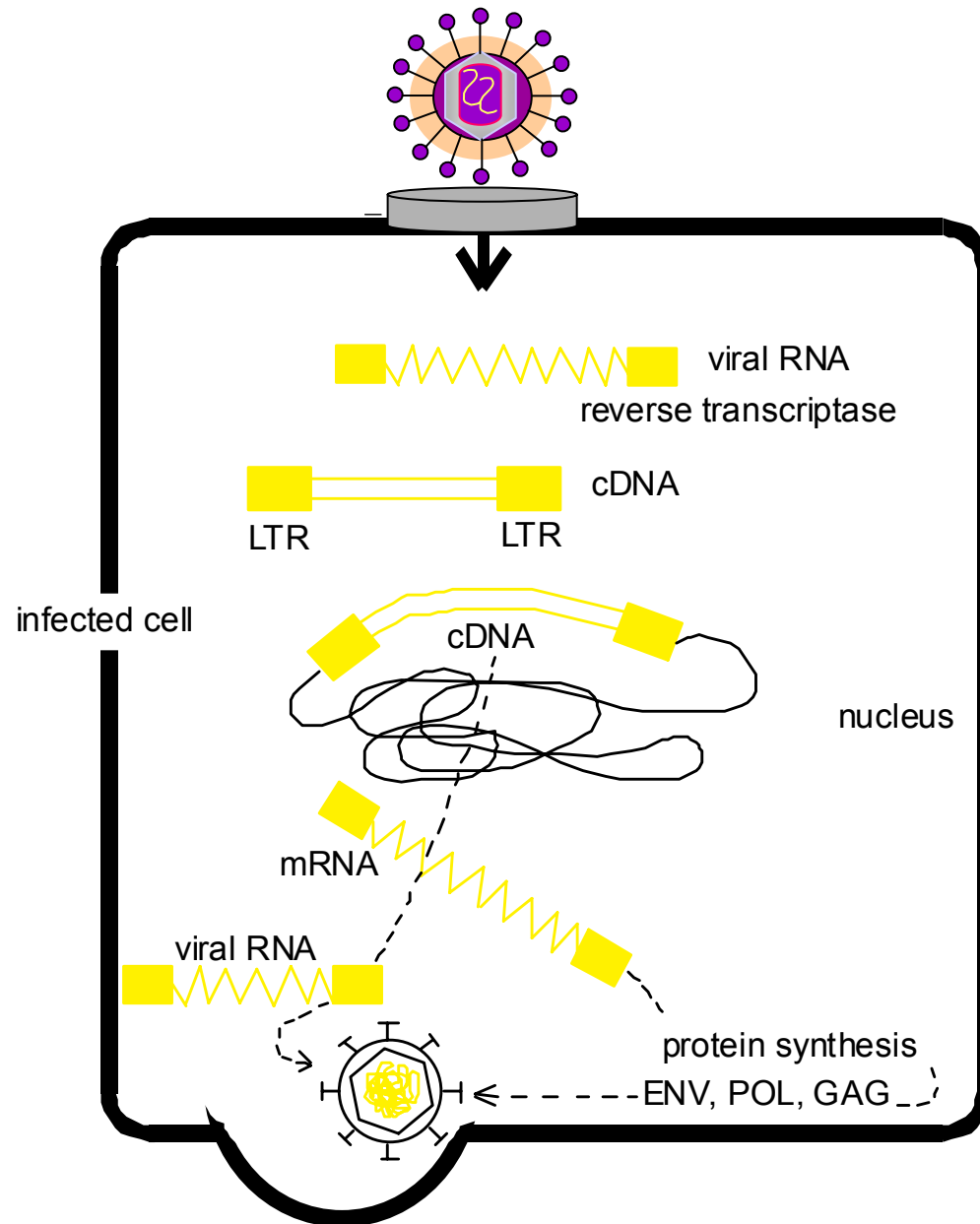
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bei amazon vorbestellbar

Aids worldwide : 38 million infected people and 23 million deaths

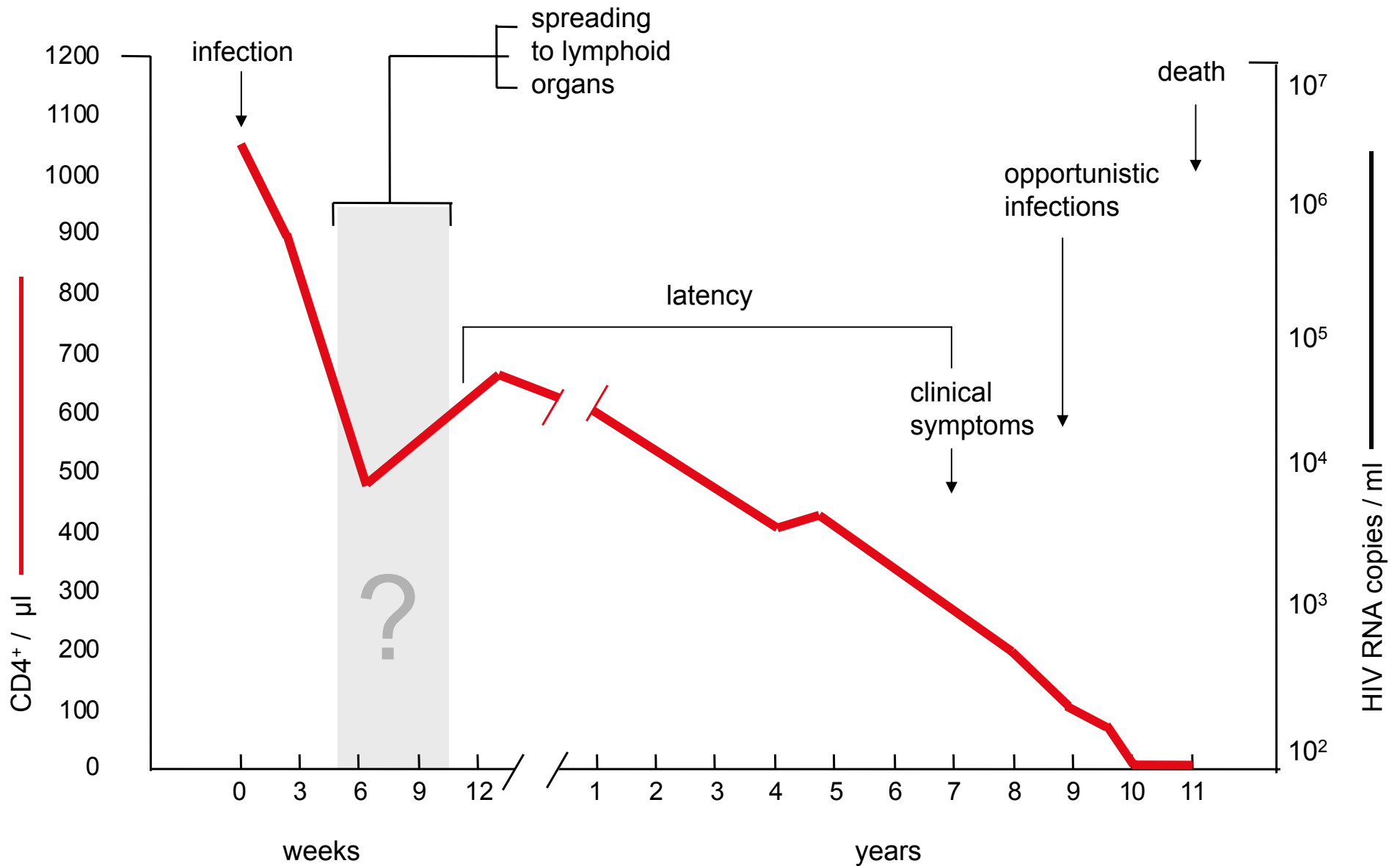
500
44.000 Germany

	newly infected	total number	Region	newly infected	total number	Region
	45.000	1.000.000	North America	30.000	580.000	Western Europe
	60.000	430.000	Caribbean Islands	350.000	1.300.000	Eastern Europe
	150.000	1.600.000	Latin America	130.000	900.000	East Asia Pacific
	80.000	480.000	North Africa Middle East	780.000	6.500.000	South Asia South East Asia
	3.800.000	25.300.000	Central Africa Sub-Saharan Africa	500	32.000	Australia New Zealand

Viral Replication



Time course of HIV infection



Virus load

RNA in plasma;
 $7 \cdot 10^{10}$ particle/d
half life time 2-3 days

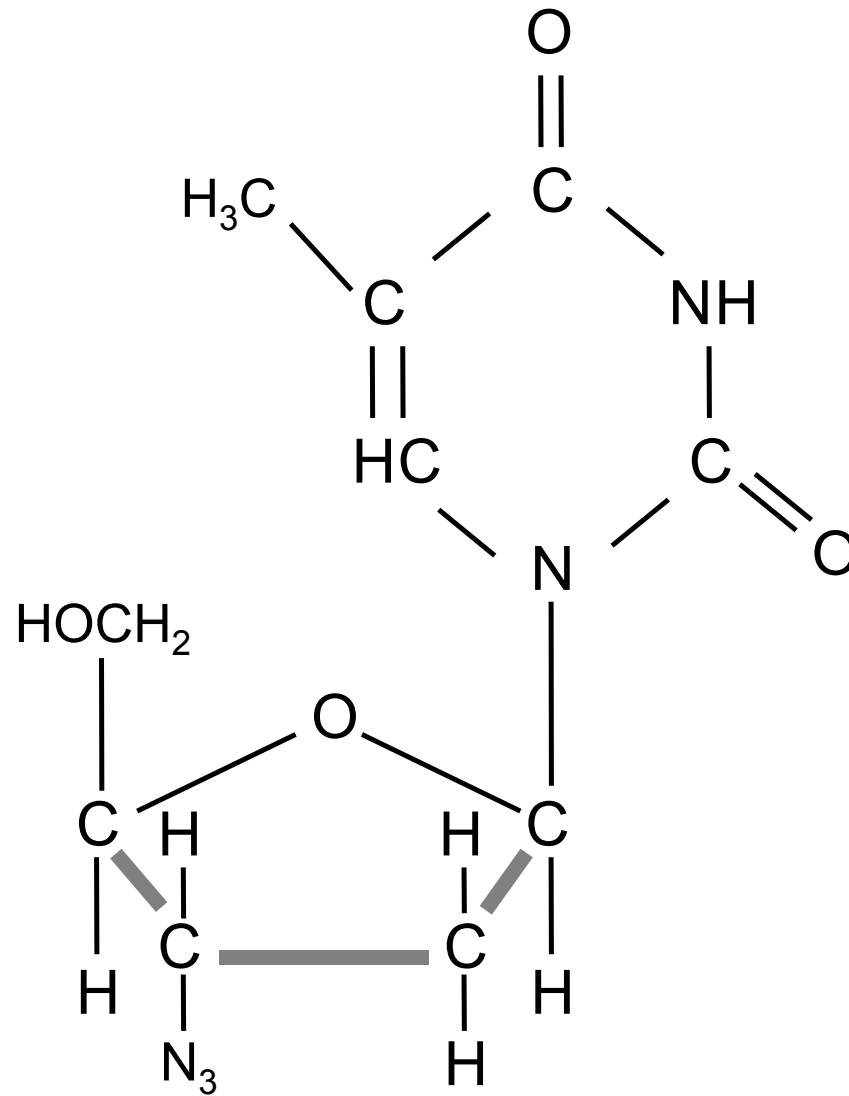
< 10.000 virus equivalents
→ long term survivors

< 100.000 in pregnant woman
→ no transmission

HIV therapy as early as possible

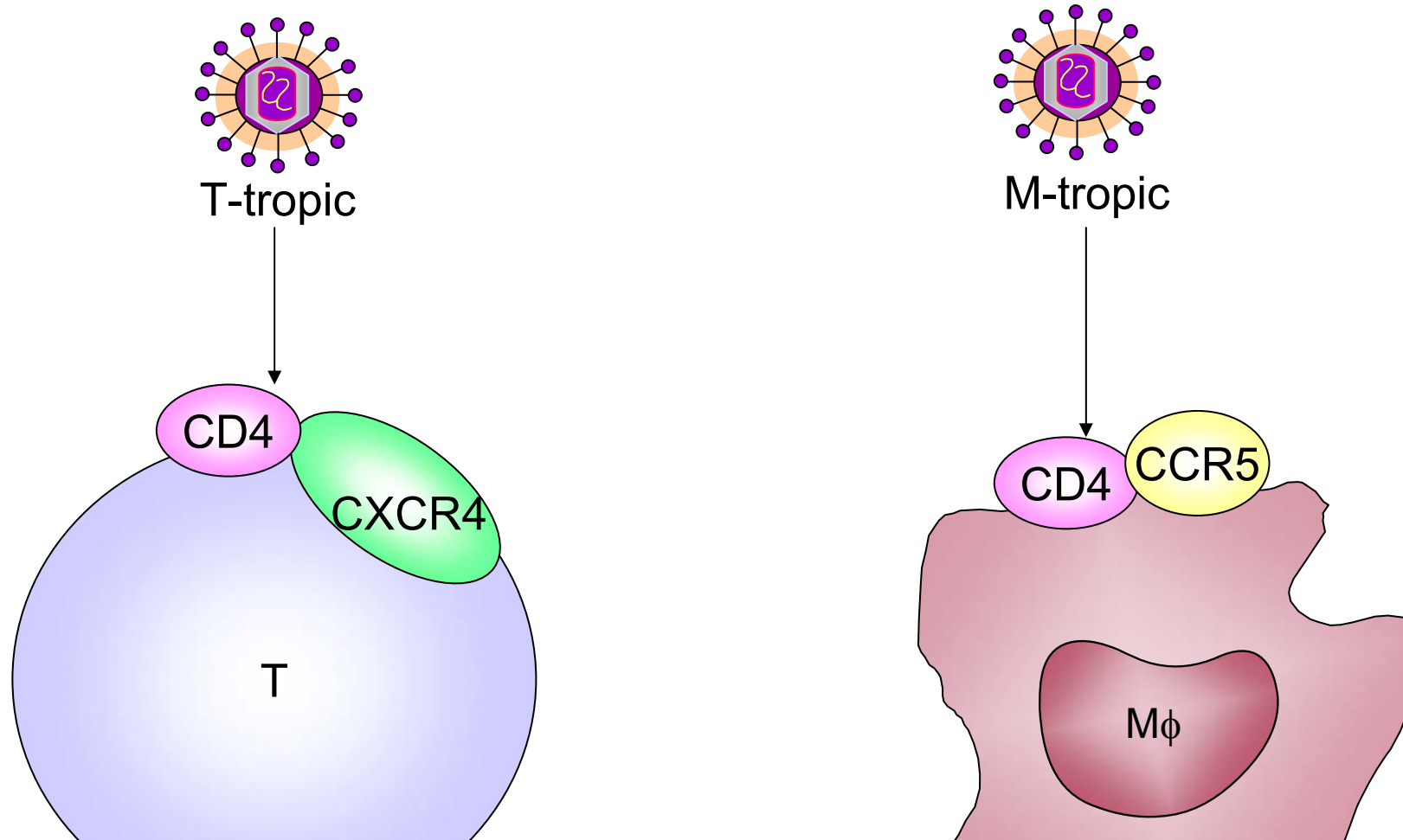
- A free of symptoms , 5.000 RNA copies / ml
<500 CD4⁺ / μl
- B free of symptoms , 30.000 RNA copies / ml
>500 CD4⁺ / μl

AZT



3'Azido-2',3'-dideoxythymidine (AZT, zidovudine)

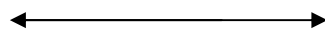
HIV entry



CCR5, the receptor for MIP-1 α , MIP-1 β and RANTES, was identified as the major co-receptor for macrophage-tropic strains of HIV-1. The chemokine receptor **CXCR4** (fusin), was identified as the co-receptor for T-cell-tropic strains of HIV...

HIV progression

progressive



non-progressive HIV infection

increased apoptosis
of CD4⁺ and CD8⁺

**rapid deletion
of CD8⁺**

CD8⁺ produce C-C chemokines *

resistance to HIV : mutation of CCR5
(homocygous defect in
1% of Caucasians!)

* African Green Monkey (SIV⁺):
lymphokine suppressor activity

HIV infection

1. → in latence phase **active virus production : $7 \cdot 10^{10}$ particle / d**

2. → host's cytokine production:

proinflammatory → viral replication ↑

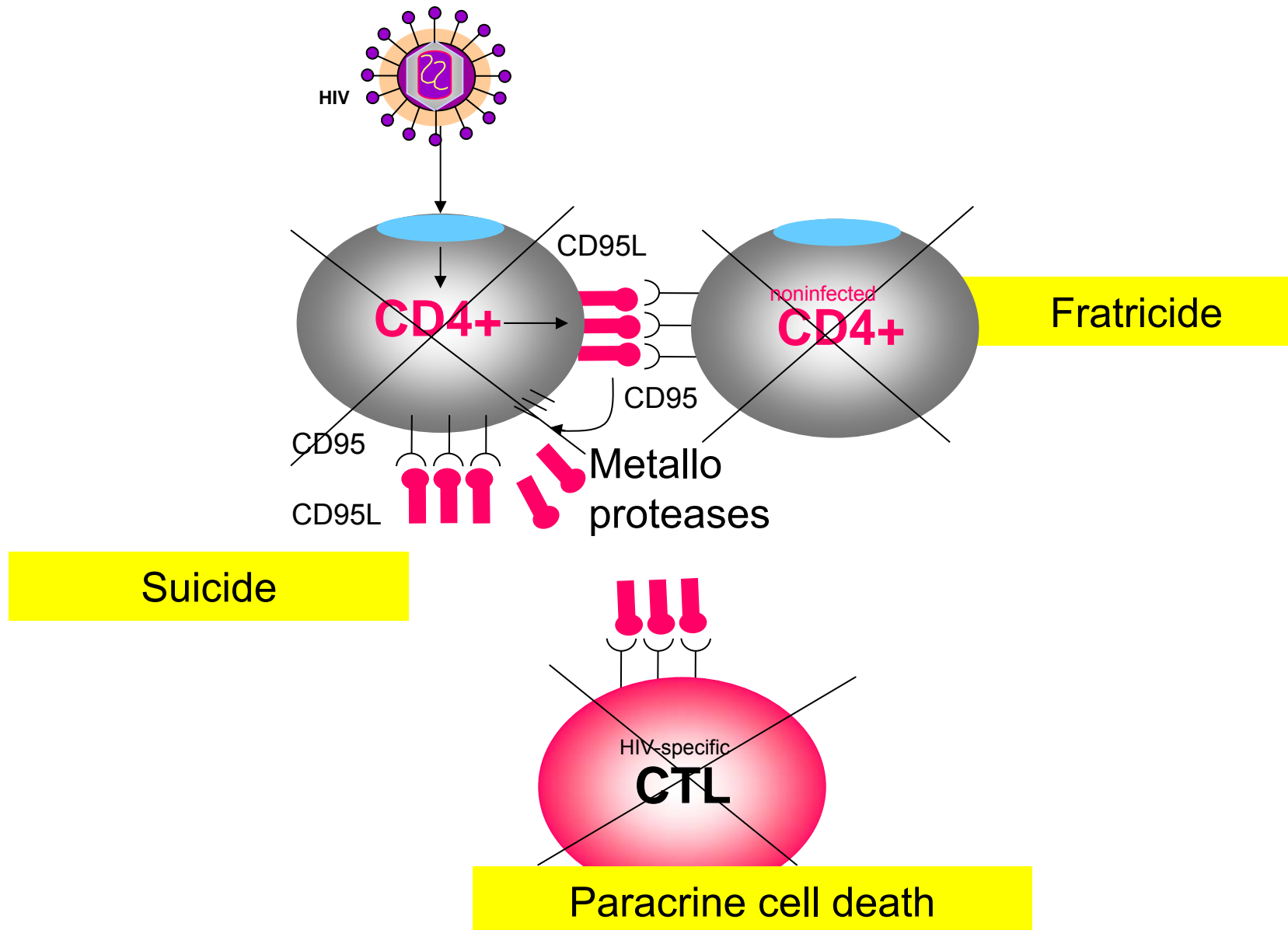
antiinflammatory → viral replication ↓

β – chemokines (C-C) → viral replication ↓
RANTES,
MIP - 1α
MIP - 1β

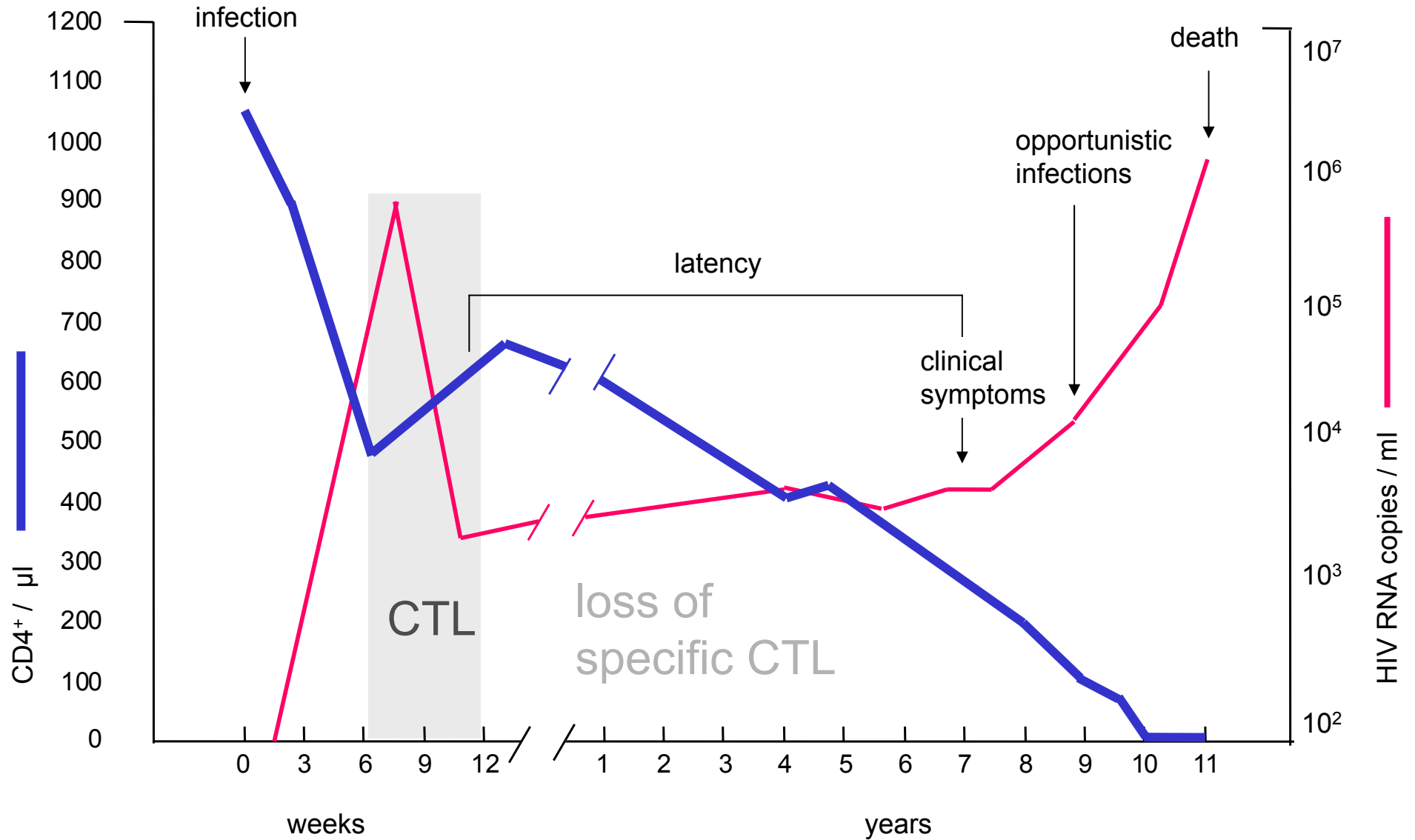
3. → host's CD8⁺ T cells → soluble suppressor factors (e.g. IL16) → long term survivors

4. → host's CD8⁺ T cells → CTL response

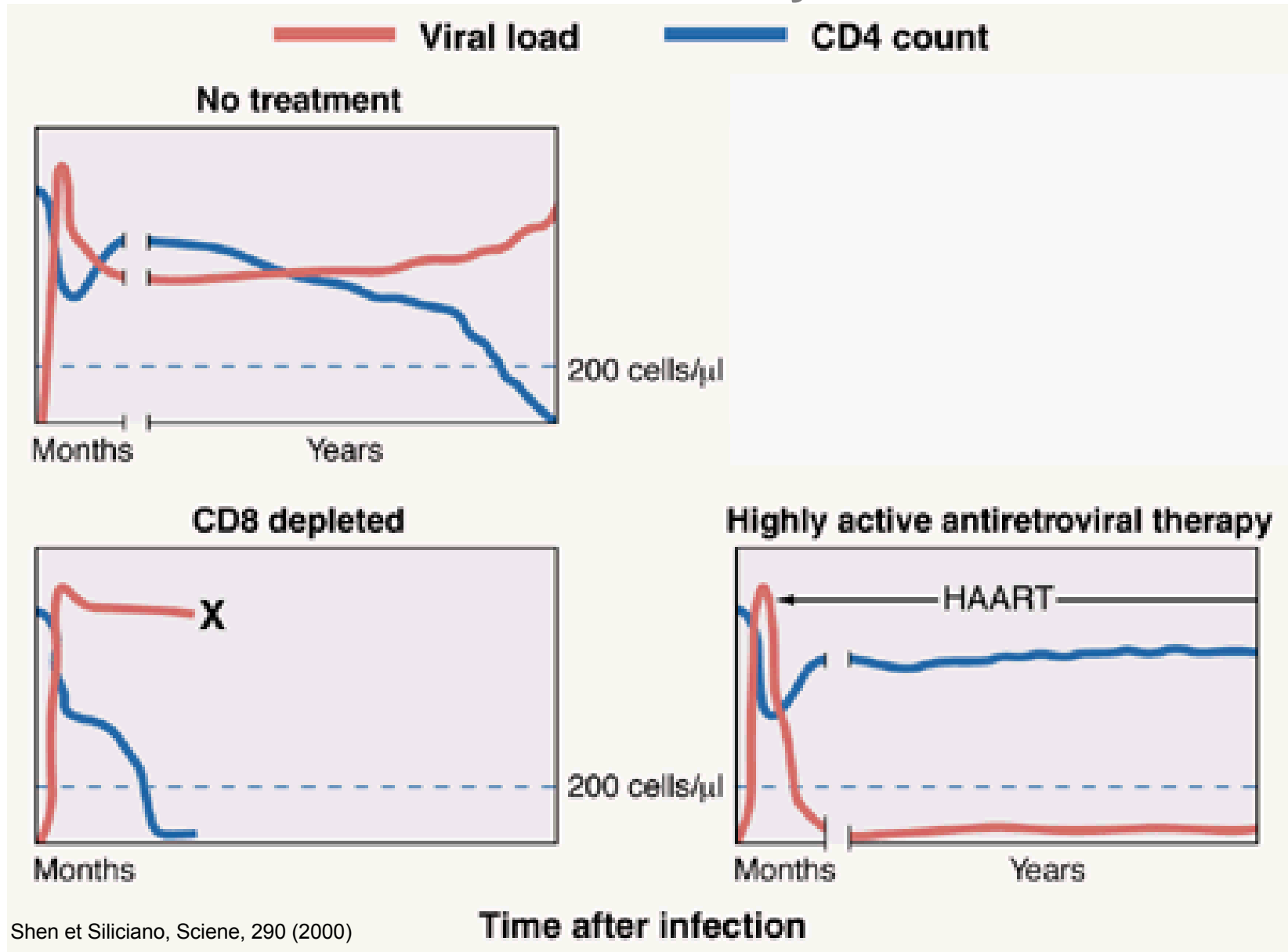
Apoptotic loss of infected and noninfected cells



Time course of HIV infection



Preventing AIDS but not HIV-1 Infection with a DNA vaccine by inducing strong TH1- and specific CTL response in rhesus monkeys



PRAXIS



Als Betriebsarzt eines Universitätsklinikums untersuchen Sie eine einzustellende 23-jährige Op-Schwester. Alle klinischen und paraklinischen Untersuchungen sind o.B. Bei der Inspektion des Rachenraumes findet sich eine 1.2 cm große Leukoplakie. Die Frau macht psychisch einen auffälligen Eindruck. Sie bestätigt auf Nachfrage, etwas verblüfft, dass Personen in ihrer Umgebung eine Wesensänderung an ihr seit einem halben Jahr feststellten.

Welchen Verdacht müssen Sie ausschließen?

Welche Kollegen sollten sie konsultieren?

Welche Diagnostik wollen Sie einleiten?

Was ist dazu notwendig?