

# Dinner



### Small power pack

Wholemeal bread rye <sup>12,a</sup>  
Meggle Gold butter (in a cup) 2x15g <sup>9</sup>  
salmon ham <sup>2,3</sup>  
Pork roast crust <sup>2,3,8</sup>  
1 pair of Vienna sausages + mustard <sup>2,3,8/j</sup>  
Potato salad <sup>2,a,c,g,j</sup>

### Light supper

Flaxseed bread 2 slices <sup>a</sup>  
Becel margarine <sup>1</sup>  
Milkana soft cheese herbs <sup>9</sup>  
Cooked ham <sup>2,3,8</sup>  
Cucumber salad <sup>2,3</sup>  
Apple

### For fish lovers

Pumpkin seed bread 1x <sup>12,a</sup>  
Wholemeal bread rye 1x <sup>a</sup>  
meggle butter 2x15g, <sup>9</sup>  
Popp herring salad <sup>2,c,d,i,j</sup>  
Smoked salmon <sup>d</sup>

### Cheese delight

Flaxseed bread 2 slices <sup>a</sup>  
Lye roll 1x <sup>a,9</sup>  
Meggle Butterfly (butter with yogurt) 3x <sup>9</sup>  
Gouda 48% g (no lactose)  
Jerimi smoked slices <sup>1,9</sup>  
Saint Albray <sup>1,9</sup>  
Milkana soft cream cheese r <sup>2,9</sup>  
Cucumber

### Vegetarian dinner

White bread 1x <sup>12,a,g</sup>  
Pumpkin seed bread 1x <sup>12,a</sup>  
meggle Butterfly (butter with yogurt) 2x <sup>9</sup>  
Buko cream cheese plain, <sup>9</sup>

Camembert <sup>a,9</sup>

Scrambled eggs <sup>c</sup>  
Tomato salad

### Vegan evening

Crispbread from Burger 2 slices <sup>a</sup>  
Becel margarine 2x <sup>1</sup>  
Schwartau raspberry confiture  
Vegan spread for bread  
Banana  
Cucumber salad <sup>2,3</sup>

Feel free to combine our dinner sets with our extras.

### Extras for dinner

Smoked salmon <sup>d</sup>  
Scrambled eggs <sup>c</sup>  
1 pair of Vienna sausages + mustard <sup>2,3,8/j</sup>  
Potato salad <sup>2,a,c,g,j</sup>  
Popp meat salad <sup>2,3,8,c,f,j</sup>  
Cucumber salad <sup>2,3</sup>  
Tomato salad  
Ehrmann fruit quark Obstgarten (different sorts) <sup>1,9</sup>  
Mövenpick fruit yogurt (different sorts) <sup>9</sup>  
Dr. Oetker Wölkchen Pudding <sup>1,9,g</sup>  
Banana  
Apple  
Pear

We encourage you to create your own set.

### Baked goods

Pumpkin seed bread <sup>12,a</sup>  
Flaxseed bread  
Pretzel roll <sup>a,9</sup>  
Wholemeal rye bread <sup>a</sup>  
White bread <sup>12,a,g</sup>  
Mixed bread <sup>12,a</sup>  
Wholemeal bread <sup>12,a</sup>  
Crispbread from Burgera

### Spread for bread

Butter (10 g) <sup>9</sup>  
meggle Butter <sup>9</sup>  
Meggle Butterfl y (10 g butter with yoghurt) <sup>9</sup>  
Becel margarine (10 g) <sup>1</sup>  
Vegan spread for bread  
Quark cheese natural/plain <sup>9</sup>  
Quark cheese with herbs <sup>12,g</sup>

### Cheese selection

Buko cream cheese spicy herbs <sup>9</sup>  
Buko cream cheese plain <sup>9</sup>  
Milkana soft cheese cream <sup>2,9</sup>  
Milkana soft cheese herbs <sup>2,9</sup>  
Milkana soft cheese Tomato-Paprika <sup>2,9</sup>  
Gouda 48% g (no lactose)  
Edam 40% g (no lactose)  
Maasdamer 30% g (no lactose)  
Smoked slices cheese from Jerimi <sup>1,9</sup>  
Saint Albray soft cheese <sup>1,9</sup>  
Mini Babybel <sup>9</sup>  
Camembert <sup>a,9</sup>

### Cold cuts

Salami <sup>2,3</sup>  
Cooked ham <sup>2,3,8</sup>  
Hunting sausage <sup>2,3,8</sup>  
Poultry sausage <sup>2,3,8</sup>  
Beer ham <sup>2,3,8</sup>  
Lyon Sausage with sweet peppers <sup>2,3,8</sup>

Franconian Mettwurst <sup>2</sup>  
Artland liver sausage, coarse <sup>2,3,12</sup>  
Artland liver sausage <sup>2,3,12</sup>  
Artland herb liver sausage <sup>2,3,12</sup>  
Artland Poultry liver sausage <sup>2,3,12</sup>  
Smoked turkey breast <sup>2,3,8</sup>  
Roast pork loin <sup>2,3,8</sup>  
Pork crusted roast <sup>2,3,8</sup>  
Salmon ham <sup>2,3</sup>  
Black forest ham <sup>2</sup>

### Evening garnish

Tomato  
Cucumber  
Mustard cucumber <sup>3,9,j</sup>  
Red Beet <sup>9</sup>  
Popp herring salad <sup>2,c,d,i,j</sup>



UMG comfort service



# Menu

for patients with comfort service

# B

## reakfast



### Vitality breakfast

Crispbread from Burger (2 slices)<sup>a</sup>  
Becel margarine 1x<sup>1</sup>  
Buko cream cheese with chives<sup>g</sup>  
Salmon ham<sup>2,3</sup>  
Kellogs muesli and milk<sup>2,5,a,g,i</sup>  
small fruit salad

### Hearty morning

Pumpkin seed roll<sup>a</sup>  
Rye roll<sup>a</sup>  
meggle Butter 3x<sup>g</sup>  
Scrambled eggs<sup>c</sup>  
Smoked turkey breast<sup>2,3,8</sup>  
Black Forest ham<sup>2</sup>  
Pork roast crust

### Sweet start of the day

Croissant<sup>1,a,g</sup>  
Pretzel roll<sup>a,g</sup>  
meggle Butterfly (butter with yoghurt)  
3x<sup>g</sup>  
Nutella 2x<sup>1,g,h</sup>  
Schwartau cherry jam  
Schwartau plum jam  
Banana

### Vegetarian start of the day

Wheat roll<sup>a,g</sup>  
Multigrain roll<sup>a,k</sup>  
Becel margarine 3x<sup>1</sup>  
Saint Albray soft cheese<sup>1,g</sup>  
Smoked slices cheese from Jerimi<sup>1,g</sup>  
Milkana soft Cheese Tomato-Paprika<sup>2,g</sup>  
Egg (hard boiled, chilled)<sup>c</sup>  
Kellogs cornflakes and milk<sup>a</sup>

### Vegan breakfast

Multigrain roll<sup>a,k</sup>  
Becel margarine 2x<sup>1</sup>  
Schwartau plum jam  
Vegan spread for bread  
Apple  
Small salad

Feel free to combine our breakfast sets  
with little extras.

### Little extras for breakfast

Popp egg salad<sup>2,c,f,i</sup>  
Popp chicken salad<sup>2,9,c,f,i</sup>  
Kellogs cornflakes and milk<sup>a,g</sup>  
Kellogs cereal and milk<sup>2,9,c,f,i</sup>  
Small mixed salad  
Small fruit salad  
Ehrmann fruit quark cheese Obstgarten<sup>1,g</sup> (depending on assortment)  
Mövenpick fruit yoghurt<sup>g</sup> (depending on assortment)  
Dr. Oetker Wölkchen vanilla pudding<sup>1,9,g</sup>

Dr. Oetker Wölkchen chocolate  
pudding<sup>g,h</sup>  
Banana  
Apple  
Pear  
Egg (hard-boiled, chilled)<sup>c</sup>  
Scrambled egg<sup>c</sup>

You are welcome to individually  
compile your breakfast.

### Baked goods

Wheat roll<sup>a,k</sup>  
Multigrain roll<sup>a,k</sup>  
Rye roll<sup>a</sup>  
Pumpkin roll<sup>a</sup>  
Pretzel roll<sup>a,g</sup>  
Croissant<sup>1,a,g</sup>  
White bread<sup>12,a,g</sup>  
Mixed bread<sup>12,a</sup>  
Wholemeal bread<sup>12,a</sup>  
Crispbread from Burger (pack of 2)<sup>a</sup>

### Spread for bread

Butter (10 g)<sup>g</sup>  
meggle Gold Butter (15 g in a cup)<sup>g</sup>  
Meggle Butterfl y (10 g butter with  
yoghurt)<sup>g</sup>  
Becel margarine (10 g)<sup>1</sup>  
vegan spread for bread  
Quark cheese natural/plain<sup>g</sup>  
Quark cheese with herbs<sup>12,g</sup>

### Sweet spread for bread

Schwartau strawberry jam  
Schwartau cherry jam  
Schwartau apricot jam  
Forest fruit jam  
Langnese summer blossom honey  
Schwartau plum jam  
Nutella<sup>1,g,h</sup>  
Sugar beet syrup

### Cheese selection

Buko cream cheese spicy herbs<sup>g</sup>  
Buko cream cheese plain<sup>g</sup>  
Buko cream cheese chives<sup>g</sup>  
Milkana soft cheese cream<sup>2,g</sup>  
Milkana soft cheese Holländer<sup>2,g</sup>  
Milkana soft cheese herbs<sup>2,g</sup>  
Milkana soft cheese Tomato-Paprika<sup>2,g</sup>  
Gouda 48%<sup>g</sup> (no lactose)



# L

## unch

### Starters

Big salad of the season<sup>-/3,9,g</sup>  
Smoked salmon with dressing<sup>d/c,j/a</sup>  
  
Soup selection  
Cheese-leek soup with ground meat<sup>1,a,g</sup>  
Vegan solyanka<sup>9,f,g,j</sup>

### Menu selection 1 (whole foods)

Beef roulade<sup>2,j</sup>  
Gravy sauce<sup>3,a</sup>  
Bacon wrapped beans  
Potato dumplings

Duck breast/sauce  
Red cabbage  
Potatoes

### Menu choice 2 (Light whole foods)

Cooked/stewed pike-perch fillet<sup>d</sup>  
Parsley sauce<sup>d,a,g</sup>  
Potatoes

Pork fillet  
Gravy sauce<sup>a</sup>  
Young carrots  
Duchess potatoes<sup>1,a,c,g</sup>

### Menu selection 3 (Vegetarian food)

Potato-pumpkin-rösti<sup>1,a,i</sup>  
Spicy curd dip<sup>g</sup>  
Carrot salad<sup>2,3,9</sup>

### Menu choice 4 (Vegan food)

Tortellini with vegetable filling<sup>a,i</sup>  
Herb tomato sauce  
Small salad  
  
Quinoa pea meatball  
Broccoli soy vegan cream sauce<sup>1</sup>  
Couscous<sup>a</sup>

### Dessert

Pannacotta  
Cream of paradise  
Chocolate mousse  
Menu of the day

### Cakes

Cream cake  
Fruitcake  
3 small cream puffs  
Daily special

### Drinks

Gerolsteiner Mineral water 0,25l  
Smoothie 0,2l  
Apple juice 0,2l bottle  
Orange juice 0,2l bottle  
Sour cherry juice 0,2l bottle  
Actimel 0,1l



### Additives subject to labelling

- 1) with colourant
- 2) with preservative
- 3) with antioxidant
- 4) with flavour enhancer
- 5) sulphurised
- 6) blackened
- 7) waxed
- 8) with phosphate
- 9) with sweeteners
- 10) contains a source of phenylalanine
- 11) may have a laxative effect if consumed in excess
- 12) iodised salt
- 13) starch (in meat products)

### possible allergens

- a) cereals containing gluten
- b) crustaceans and products thereof
- (c) eggs and products thereof
- (d) fish and products thereof
- (e) peanuts and products thereof
- (f) soya beans and products thereof
- (g) milk and products thereof
- (h) nuts and products thereof
- (i) celery and products thereof
- j) mustard and products thereof
- (k) sesame seeds and products thereof
- (l) Sulphur dioxide and sulphites in concentrations greater than 10 mg/kg or 10 mg/l, to be indicated as SO2
- (m) lupins and products thereof
- (n) molluscs and products thereof.

The data are based on the information available to us from the  
manufacturers. If you have any questions, please contact our staff.